



2019 PHILIPPINE ATHLETICS CHAMPIONSHIPS

March 6 - 8, 2019

City of Ilagan Sports Complex, Ilagan City, Isabela Province

GENERAL GUIDELINES

I. Date and Venue

The Ayala Philippine Athletics Championships will be held on March 6 - 8, 2019 at the City of Ilagan Sports Complex, Ilagan City, Isabela Province

II. TRAVEL INFORMATION:

Following are options for travel to Ilagan City, Isabela Province

2.1 Travel by Air :

From Manila Ninoy Aquino International Airport (MNL), book a connecting flight to Ilagan City, Isabela Province via **Cebu Pacific Airline**.

Nearest airport is Cauayan (CYZ) Airport or Tuguegarao (TUG) airport.

For travel frequency and timetable please check the airline website cebupacificair.com

Philippine Airlines travel also from Manila Ninoy Aquino International Airport (MNL) to Tuguegarao (TUG) City.

Another option via Philippine Airlines is connecting flight from Clark International Airport (CRK) to Tuguegarao (TUG) airport.

For travel frequency and timetable please check the airline website philippineairlines.com

2.2 Travel by land

From Manila to Ilagan City, Isabela is approximately 12hours. Should you decide to travel by land, we can arrange a vehicle for you. The cost of land travel will depend on the number of persons per trip. Please advise us early for positive confirmation.

III. General Rules

3.1. The competition will be held in accordance with the IAAF rules. Unforeseen incidents not covered by the Rules shall be dealt with as follows:

3.1.1. Cases of general nature will be resolved by the General Manager/ Tournament Director of the Meet and will be treated as final decision.

3.1.2. Technical questions will be resolved in accordance with the 2018-2019 IAAF Competition Rules.

3.2 Participants Eligibility

3.2.1 The team may enter any number of athletes (Male and Female). There will be separate registration for the following Age Categories

Elite/Open Senior (Men / Women) – 20 years and above
(athletes born in the year 1999 and below)

U-20 Junior (Boys / Girls) – 18 to 19 years old
(athletes born in the year 2000 and 2001)
Youth (Boys / Girls) – 16 to 17 years old
(athletes born in the year 2002 and 2003) and
Youngster (Boys / Girls) – 13 – 15 years old
(athletes born in the year 2004 – 2006)
may be entered in the **Junior Division**



2019 PHILIPPINE ATHLETICS CHAMPIONSHIPS

March 6 - 8, 2019

City of Ilagan Sports Complex, Ilagan City, Isabela Province

GENERAL GUIDELINES

Masters Men/Women – 30 years and above
(must have celebrated his/her 30th birthday on or before
March 6, 2019)

- 3.2.2 Participants must not be less than 13 years old.
- 3.2.3 Each team may enter two (2) competitors for each individual event* and one (1) team for each relay event.
- 3.2.4 A contingent from the same organization or city/province may be represented by a **single team only. Team B or derivative teams** from the same group will not be accepted. (A team is considered derivative if, aside from using a name derived from the original team, it has the same Team Manager and/or Coach.)
- 3.2.5 With the exception of sponsoring brands and corporate sponsors of the federation or of the event, no team carrying a commercial name or with the same implication will be accepted.
- 3.2.6 Teams representing the Armed Forces together with the Philippine National Police and Coast Guard may only be represented by bona fide members and/or enlisted personnel of the mentioned organizations. An employment ID will also be required to be submitted with the registration form.
- 3.2.7 Participants not representing any team shall be classified as "Unattached/Unaffiliated". Regular competition fees shall be applied to them as indicated in 3.3.7.1 for the Open division and 3.3.7.3 for the Masters division.

3.3. Entries

- 3.3.1 Entry Fees and Final Entry Forms including names of all competitors and officials of a team signed by the authorized team officials must be received by PATAFA office not later than **February 20, 2019** by electronic means (email at entries_philathletics@yahoo.com). This will be strictly implemented.
- 3.3.2 The online Athletes Profile must be filled out completely with photo attachments of (a.) id photo attachment (passport size) and (b.) the authenticated PSA Birth Certificate must be completed as well as the Entry Forms.
- 3.3.3 There will be a Masters category for select events (see Competition Schedule). Masters athletes need to provide a copy of their passport or driver's license aside from the filled out registration form and 2 passport size photos. The Waiver portion in the registration form must also be signed/agreed upon.
- 3.3.4 A Masters athlete initially registered in the Masters Division may be allowed to compete in an Open Division event provided the same event is not included in the Masters Division. The said athlete should register separately for the intended event. See 3.3.7.
- 3.3.5 For each age bracket category in the Masters Division, there should be a minimum of 4 participants. In the event this requirement is not met, the category in consideration shall be clustered with the immediately



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City of Ilagan Sports Complex, Ilagan City, Isabela Province

GENERAL GUIDELINES

preceding or succeeding age category (+/-5 years) with the least number of participants. The participants in the resulting new supercategory shall contend for only one set of medals (1 gold, 1 silver, and 1 bronze). A contender needs to make a successful competition performance to be eligible to receive a corresponding medal. Senior citizens (60yo and above) will be clustered into one competition schedule. However, regardless of number of competitors within each 5-year age bracket, the masters athlete who has successfully performed will be awarded with a corresponding medal.

- 3.3.6 Final declaration of competitors must be confirmed by the Team Manager, coach or team captain from the lists already entered and submitted to the Organizing Committee during the **Team Managers' Meeting on March 5, 2019** (time and venue to be announced). There will be no separate meeting with team managers of foreign teams. All team managers will have to attend the indicated Team Managers' Meeting. **Teams with no manager, coach or team representative attending this meeting shall not be considered officially entered.** Cancellation of participation may only be done during the Team Manager's Meeting. Without official cancellation, the Rule of Succession, as indicated in 3.3.10, will be applied to all athletes who do not report for their respective event.
- 3.3.7 There will be a **Team Entry Fee** of Two Thousand (P2,000.00) per category.
 - 3.3.7.1. For the Seniors and Juniors categories, there will be a Competition Fee of P 100.00 per athlete per event.
 - 3.3.7.2. **For the foreign teams, entry fee for individual events is U\$10/person/event and U\$15 for relay events.**
 - 3.3.7.3. For the Masters category, the competition entry fee per event is P600. (An event with less than 4 contenders will be consolidated to the next available age category.
- 3.3.8 All Fees paid are NON-REFUNDABLE.
- 3.3.9 A team or individual athlete found to have fabricated or made false entry declarations will be meted with an outright disqualification and exclusion from the competition.
- 3.3.10 "Failure to Participate" Rule will be strictly applied. It means that an athlete shall be excluded from participation in all further events (including other events in which he is simultaneously participating) in the competition, including relays, in cases where:
 - 3.3.10.1 A final confirmation was given that the athlete would start in an event but then failed to participate
 - 3.3.10.2 An athlete qualified in a preliminary round of an event for further participation in that event but then failed to participate further;



2019 PHILIPPINE ATHLETICS CHAMPIONSHIPS

March 6 - 8, 2019

City of Ilagan Sports Complex, Ilagan City, Isabela Province

GENERAL GUIDELINES

3.3.10.3 An athlete failed to compete honestly with bona fide effort. The relevant Referee will decide on this and the corresponding reference must be made in the official results.

3.3.10.4 An athlete sufficiently found to have committed unsportsmanlike act will be immediately excluded from the competition in all events entered.

An individual athlete or team who withdraws, whether voluntarily or by DNS (Did Not Start), from one event will automatically be excluded from participating in all succeeding events he/she/they have been entered. However, if an athlete qualifies for the next heat of his/her event he/she will be allowed to compete until the finals of the event wherein he/she qualifies, but he/she can no longer compete in the succeeding events where he/she is entered.

IV. Competition Rules

- 4.1 Philippine Athletics Track and Field Association Inc., (PATAFA) accredited officials shall officiate in the competition.
- 4.2 Competitors must wear their official uniforms (at least upper uniform) and observe regulations contained in IAAF rule 143.
- 4.3 All participants in running events from 100 meters to 400 meters, including relays and hurdling events shall be required to start from crouch with starting blocks.
- 4.4 **There will no longer be Call Announcements to be made.** Synchronized clocks will be displayed at the Roll Call area. Similarly, the standard Local Time will be displayed regularly on the electronic LED board in front of the grandstand. Competitors must report to the roll call officials at the warm up area at least 45 minutes before the start of their events, for instructions. Fifteen (15) minutes before their scheduled start, they should report back at the roll call area where athletes' steward shall accompany them to their starting area. For field events, they shall report forty (40) minutes before the event, except for Pole Vault and High Jump which require participants to report 60 minutes prior to the start of the event. The team shall be responsible for his/her athletes warm up and punctuality to the starting area. Coaches with athletes already competing and entered in another event must inform call area officials.
- 4.5 Starting height of the bar for high jump and pole vault shall be suggested at the Coaches/Team Managers Meeting.
- 4.6 Team Championships will be based on number of medals won with gold taking precedence over silver and silver over bronze. Ties shall be resolved by determining the team who has the most number of national records broken and finalists nearest the medal finish, in that order. **Foreign teams are not included in team championships.** In case of a tie in Pole Vault or high jump, final position and least number of attempts prior to successful performance will decide the tie. If this option has been exhausted, if a tie still exists (including triple tie) for 1st place, athletes will be awarded gold medals.



2019 PHILIPPINE ATHLETICS CHAMPIONSHIPS

March 6 - 8, 2019

City of Ilagan Sports Complex, Ilagan City, Isabela Province

GENERAL GUIDELINES

- 4.7 The Victory ceremony shall follow the indicated time in the competition schedule. Athletes taking part in the Victory Ceremony must wear appropriate track suits of their team and training shoes. No slippers, clogs or sandals. **Athletes not in proper uniform shall not be allowed to take part in the Victory ceremony.**
- 4.8 Protest shall be resolved according to IAAF Rules 146. Protest fee is USD100 (or its equivalent to Philippine peso).
- 4.9 Jury of Appeal shall be appointed before the competition. All decisions of the Jury of Appeal are Final.
- 4.10 Accredited Technical Officials of PATAFA with competing teams shall waive their right to officiate in the meet. Likewise, they may inhibit themselves from officiating in the track or field if they have sons and/or daughters who are competing in the said meet. However, for positions requiring utmost competence and qualifications, they may still be appointed by the Organizing Committee, as necessary, provided they will inhibit themselves from ruling in cases involving their team or athlete in the competition.
- 4.11 No athletes, team officials, officiating officials and other persons are allowed in the playing field at any time, except when they are actually performing their duties. They should always stay in their respective authorized areas.
- 4.12 Smoking is strictly prohibited in the playing field, especially officials who are at their post.
- 4.13 The Organizing Committee shall provide the equipment and implement for all events. The technical referee shall control the use of personal equipment/implement.
- 4.14 The Organizing Committee reserves the right to make amendments and changes in these rules that they deemed necessary.
- 4.15 In the 1500m, 3000m, 3000msc, 5000m, 10000m athletes who shall be overlapped by the lead Filipino athlete shall automatically withdraw from the race unless there are only 12 Filipino athletes remaining.
- 4.16 Qualifying to the next round will initially be by best time for the Heats. Subsequently, IAAF Rule for qualifying for the next round will be applied.
- 4.17 There will be a Mixed Gender Relay events (4x100m and 4x400m) in the Juniors and Seniors Division. For both divisions, each participating team needs to be comprised by two female and two male runners. The running order of team members shall be up to the discretion of the concerned team.
- 4.18 The Championships will observe the highest form of sportsmanship and integrity. Any participant, athlete or coach/team official displaying disrespectful behavior, verbally abuses or physically attacks any member of the organizing team or competition officials shall be immediately removed and will not be allowed to enter the competition venue. Depending on the ensuing investigation, erring parties will be given applicable sanctions by the PATAFA.



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GENERAL GUIDELINES

V. Event Program:

EVENTS	MEN	WOMEN	BOYS	GIRLS	Masters MEN	Masters WOMEN
100M	✓	✓	✓	✓	✓	✓
200M	✓	✓	✓	✓	✓	✓
400M	✓	✓	✓	✓	✓	✓
800M	✓	✓	✓	✓		
1500M	✓	✓	✓	✓	✓	✓
5000M	✓	✓	✓	✓		✓
10000M	✓	✓			✓	
110MH	✓		✓			
100MH		✓		✓		
400MH	✓	✓	✓	✓		
2000M STEEPLECHASE				✓		✓
3000M STEEPLECHASE	✓	✓	✓		✓	
10000m Walk	✓	✓				
4X100m RELAY	✓	✓	✓	✓		
4X400m RELAY	✓	✓	✓	✓		
4x100m MIXED GENDER RELAY	✓		✓			
4x400m MIXED GENDER RELAY	✓		✓			
HIGH JUMP	✓	✓	✓	✓		
POLE VAULT	✓	✓	✓	✓	✓	
LONG JUMP	✓	✓	✓	✓	✓	✓
TRIPLE JUMP	✓	✓	✓	✓		
SHOT PUT	✓	✓	✓	✓	✓	✓
DISCUS THROW	✓	✓	✓	✓	✓	✓
HAMMER THROW	✓	✓	✓	✓		
JAVELIN THROW	✓	✓	✓	✓		
DECATHLON	✓		✓			
HEPTATHLON		✓		✓		



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GENERAL GUIDELINES

VI. Awards

- 6.1. Medals for top three (3) winners per event
 - 6.1.1. Gold - 165 pcs.
 - 6.1.2. Silver - 165 pcs.
 - 6.1.3. Bronze - 165 pcs.
- 6.2. Trophies to be awarded as follows
 - 6.2.1. Girls track and field
 - 6.2.2. Boys track and field
 - 6.2.3. Women track and field
 - 6.2.4. Men track and field
- 6.3. General championships Trophy (separate for seniors and juniors)
 - 6.3.1. Champion
 - 6.3.2. First runner up
 - 6.3.3. Second runner up
- 6.4. Citations
Record-breakers (Philippines, SEA, Continental)
- 6.5. Special Awards
 - 6.5.1. Most Outstanding Athletes (Boy, Girl, Men, Women)
 - 6.5.2. Fastest Man
 - 6.5.3. Fastest Woman
 - 6.5.4. Man of Steel
 - 6.5.5. Iron Maiden

Note: General championships shall be awarded only to teams with competitors in both male and female track and field events.