

2019 PATAFA WEEKLY RELAY SERIES 4

NEW CLARK CITY, CAPAS, TARLAC | SEPT 22, 2019

MORNING EVENTS

7:00	5000M	MEN
7:30	5000M	WOMEN
8:00	100M HURDLES	WOMEN
8:00	LONG JUMP	MEN
8:00	DISCUS THROW	WOMEN
8:15	800M	MEN
8:25	800M	WOMEN
8:35	3000MSC	MEN
9:00	DISCUS THROW	MEN
9:10	3000MSC	WOMEN
9:20	100M	MEN
9:35	400MH	MEN
9:45	400MH	WOMEN
10:10	200M	WOMEN
10:20	200M	MEN
10:30	4X400M RELAY	MEN/WOMEN

AFTERNOON EVENTS

3:30	110M HURDLES	MEN
3:30	POLE VAULT	MEN/WOMEN
3:30	LONG JUMP	WOMEN
3:50	100M	WOMEN
3:30	JAVELIN THROW	MEN
4:00	1500M	MEN
4:10	1500M	WOMEN
4:30	JAVELIN THROW	WOMEN
4:20	400M	MEN
4:30	400M	WOMEN
4:40	4X100M RELAY	MEN/WOMEN

****Please note that schedule of events may change without prior notice.**

****All events must have three (3) competitors, as per guidelines**

(NO 3 COMPETITORS, NO CONTEST)

** revised as of 11 Sept 2019, 5:05pm*