



**2019 AYALA PHILIPPINE ATHLETICS CHAMPIONSHIPS**  
**SCHEDULE OF EVENTS**



DAY 1	06-Mar-19	AM SESSION		
EVENT NO.	TIME	EVENT	CATEGORY	REMARKS
101	6:00 AM	10,000M	MEN	FINAL
102	6:30 AM	10,000M	WOMEN	FINAL
103	7:00 AM	10,000M	Masters MEN	FINAL
104		HIGH JUMP	BOYS	FINAL
105-106		POLE VAULT	BOYS, Masters MEN	FINAL
107		LONG JUMP	MEN	FINAL
108		DISCUS THROW	WOMEN	FINAL
109-110	7:45 AM	100M DECA	BOYS, MEN	Deca 1
111-112	8:00 AM	DISCUS THROW	BOYS, Masters MEN	FINAL
113-116		100M	GIRLS, WOMEN, BOYS, MEN	Prelims
117-118	8:30 AM	LONG JUMP DECA	BOYS, MEN	Deca 2
119-122		400M HURDLES	MEN, BOYS, WOMEN, GIRLS	Prelims
123	9:30 AM	TRIPLE JUMP	WOMEN	FINAL
124-125	9:45 AM	SHOT PUT DECA	BOYS, MEN	Deca 3
	<b>9:30 AM</b>	<b>AM MEDAL CEREMONY</b>		

DAY 1	06-Mar-19	PM SESSION		
EVENT NO.	TIME	EVENT	CATEGORY	REMARKS
126-131	2:00 PM	100M	Masters WOMEN, Masters MEN, GIRLS, BOYS, WOMEN, M	FINAL
132-133		POLE VAULT	GIRLS, WOMEN	FINAL
134		TRIPLE JUMP	GIRLS	FINAL
135		DISCUS THROW	MEN	FINAL
136-137		HIGH JUMP DECA	BOYS, MEN	Deca 4
138-141	3:00 PM	400M HURDLES	MEN, BOYS, WOMEN, GIRLS	FINAL
142-143		LONG JUMP	BOYS, Masters MEN	FINAL
144-145		DISCUS THROW	GIRLS, Masters WOMEN	FINAL
146-151	4:00 PM	800M	Masters WOMEN, Masters MEN, GIRLS, BOYS, WOMEN, M	FINAL
152		HIGH JUMP	MEN	FINAL
153-154	5:00 PM	400M DECA	BOYS, MEN	Deca 5
155-158	5:30 PM	4x100M RELAY	GIRLS, WOMEN, BOYS, MEN	FINAL
	<b>3:30 PM</b>	<b>PM MEDAL CEREMONY</b>		

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**2019 AYALA PHILIPPINE ATHLETICS CHAMPIONSHIPS**  
**SCHEDULE OF EVENTS**



DAY 2	07-Mar-19	AM SESSION		
EVENT NO.	TIME	EVENT	CATEGORY	REMARKS
201-204	6:00 AM	3000M SC	MEN, BOYS, WOMEN, GIRLS	FINAL
205	7:00 AM	HIGH JUMP	WOMEN	FINAL
206		JAVELIN THROW	MEN	FINAL
207		SHOT PUT	MEN	FINAL
208-209	7:30 AM	110M HURDLES DECA	MEN, BOYS	Deca 6
210-211	8:00 AM	110M HURDLES	MEN, BOYS	Prelims
212	8:20 AM	100M HURDLES HEPTA	WOMEN	Hepta 1
213-214		DISCUS THROW DECA	BOYS, MEN	Deca 7
215		JAVELIN THROW	BOYS	FINAL
216		SHOT PUT	WOMEN	FINAL
217	8:25AM	100M HURDLES	WOMEN	Prelims
218	8:35 AM	100M HURDLES HEPTA	GIRLS	Hepta 1
219	8:40 AM	100M HURDLES	GIRLS	Prelims
220-223	9:00 AM	400M	GIRLS, BOYS, WOMEN, MEN	Prelims
224-225		POLE VAULT DECA	BOYS, MEN	Deca 8
226		LONG JUMP	Masters WOMEN	FINAL
227-228	9:20 AM	HIGH JUMP HEPTA	GIRLS, WOMEN	Hepta 2
	<b>9:00 AM</b>	<b>AM MEDAL CEREMONY</b>		

DAY 2	07-Mar-19	PM SESSION		
EVENT NO.	TIME	EVENT	CATEGORY	REMARKS
229-230	2:00 PM	110M HURDLES	MEN, BOYS	FINAL
231-232		JAVELIN THROW DECA	BOYS, MEN	Deca 9
233-234		SHOT PUT HEPTA	GIRLS, WOMEN	Hepta 3
235		HIGH JUMP	GIRLS	FINAL
236		LONG JUMP	WOMEN	FINAL
237-238	2:30 PM	100M HURDLES	WOMEN, GIRLS	FINAL
239-240		SHOT PUT	BOYS, Masters MEN	FINAL
241-246	3:00 PM	400M	Masters WOMEN, Masters MEN, GIRLS, BOYS, WOMEN, M	FINAL
247-248		1500M DECA	BOYS, MEN	Deca 10, FINAL
249		JAVELIN THROW	WOMEN	FINAL
250-251		SHOT PUT	GIRLS, Masters WOMEN	FINAL
252-253	3:20 PM	200M HEPTA	GIRLS, WOMEN	Hepta 4
254-255	3:30 PM	10,000M WALK	BOYS, MEN	FINAL
256	4:00 PM	JAVELIN THROW	GIRLS	FINAL
257-260	4:30 PM	4x400M RELAY	GIRLS, BOYS, WOMEN, MEN	FINAL
	<b>4:45 PM</b>	<b>PM MEDAL CEREMONY</b>		

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**2019 AYALA PHILIPPINE ATHLETICS CHAMPIONSHIPS**  
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DAY 3	08-Mar-19	AM SESSION		
EVENT NO.	TIME	EVENT	CATEGORY	REMARKS
301	6:00 AM	10,000M WALK	WOMEN	FINAL
302-307	7:00 AM	1500M	Masters WOMEN, Masters MEN, GIRLS, BOYS, WOMEN, M	FINAL
308-309		LONG JUMP HEPTA	GIRLS, WOMEN	Hepta 5
310		HAMMER THROW	MEN	FINAL
311-314	8:00 AM	200M	GIRLS, BOYS, WOMEN, MEN	Prelims
315		TRIPLE JUMP	BOYS	FINAL
316		HAMMER THROW	BOYS	FINAL
317-318		JAVELIN THROW HEPTA	GIRLS, WOMEN	Hepta 6
319	9:00 AM	TRIPLE JUMP	MEN	FINAL
320-321		4x400M MIXED GENDER	BOYS-GIRLS, MEN-WOMEN	FINAL
	<b>8:30 AM</b>	<b>AM MEDAL CEREMONY</b>		

DAY 3	08-Mar-19	PM SESSION		
EVENT NO.	TIME	EVENT	CATEGORY	REMARKS
322-323	2:00 PM	800M HEPTA	GIRLS, WOMEN	Hepta 7, FINAL
324		HAMMER THROW	WOMEN	FINAL
325		POLE VAULT	MEN	FINAL
326-331	2:30 PM	200M	Masters WOMEN, Masters MEN, GIRLS, BOYS, WOMEN, M	FINAL
332-336	3:30 PM	5000M	Masters WOMEN, GIRLS, BOYS, WOMEN, MEN	FINAL
337		HAMMER THROW	GIRLS	FINAL
338-339	5:30 PM	4X100M MIXED GENDER	BOYS-GIRLS, MEN-WOMEN	FINAL
	<b>4:30 PM</b>	<b>PM MEDAL CEREMONY</b>		

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