

2019 PATAFA WEEKLY RELAY SERIES 5

NEW CLARK CITY, CAPAS, TARLAC | SEPT 29, 2019

MORNING EVENTS

7:00	10000M	WOMEN
7:30	HIGH JUMP	WOMEN
8:00	10000M	MEN
8:00	SHOT PUT	WOMEN
8:45	100M HURDLES	WOMEN
9:00	TRIPLE JUMP	MEN
9:00	800M	MEN
9:10	800M	WOMEN
9:20	3000MSC	MEN
9:30	HAMMER THROW	MEN
9:50	3000MSC	WOMEN
10:00	100M	MEN
10:15	400MH	MEN
10:25	400MH	WOMEN
10:30	200M	WOMEN
10:40	200M	MEN
11:00	4X400M RELAY	MEN/WOMEN

AFTERNOON EVENTS

3:30	HIGH JUMP	MEN
3:30	SHOT PUT	MEN
3:30	TRIPLE JUMP	WOMEN
3:30	110M HURDLES	MEN
3:45	100M	WOMEN
3:55	1500M	MEN
4:05	1500M	WOMEN
4:15	400M	MEN
4:25	400M	WOMEN
4:30	HAMMER THROW	WOMEN
4:35	4X100M RELAY	MEN/WOMEN
4:45	10K WALK	MEN/WOMEN

****Please note that schedule of events may change without prior notice.**

****All events must have three (3) competitors, as per guidelines
(NO 3 COMPETITORS, NO CONTEST)**

** revised as of 11 Sept 2019, 5:05pm*